



ANGELS' MESSAGE



Love Letters from God

by GAA eNews Staff

Every Friday, students gather in the Upper Room for chapel. School chaplain and Bible teacher Mr. Choi coordinates the weekly services and delegates program components to different classes to get students involved. Last week, the freshmen led in song service, after which a 7th grader read a verse of Scripture.



Mr. Choi was the speaker for the first two chapel services. Apart from handing out "manna" in the form of SkyFlakes crackers, he shared vital messages on the wondrous love of God and our duty to



be the light of the world. So far, each chapel program has had a special feature to pique the students' interests and encourage participation. In the first chapel service, randomly selected students went to the front and took turns reading a "letter from God." The second week featured a slideshow of the previous week's chapel and a heartwarming video about being selfless.

GAA's mission is to help students glorify God in their daily lives and chapel is the place to do just that. Actively participating in chapel

and encouraging others to do the same is glorifying God. Preparing well and doing their best for the part of the program to which they

were assigned is honoring the One who gave His all. Being attentive and reverent during these worship services – even though they do not take place in a church building – is fearing Him.

"Come, now is the time to worship... [and] to give your heart." As we gather each week for chapel, may we glorify God through worship.



"Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things." Philippians 4:8



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“INCREASING YOUR ABILITY TO LEARN, RETAIN, AND APPLY KNOWLEDGE”



Of all the creatures God created, humans are certainly unique. We are made in the image of God. We have many abilities, such as the ability to love, communicate, learn abstract concepts and worship our Creator. Scientists attribute our distinctness to the large frontal lobe of our brain. Unlike many animals whose frontal lobe takes up a fairly small percentages of the brain

(cats' are about 3.5%, dogs' are 7%), the human frontal lobe can take up nearly 40% of



the brain! Interestingly, this important area of our brain deals with IQ (Intelligence Quotient) and EQ (Emotional Quotient) activities such as thinking, decision making, self-control, morals, empathy, social behavior, belief, and problem solving. It is also considered the seat of our ability to love, find peace, have patience, show kindness, have faith, be gentle, and generally be "good." Those sound familiar, don't they? They are the fruit of the Spirit. How important is our frontal lobe, especially as children of God!

Research shows that there are several factors that can affect this important part of our brain, including diet, exercise, sleep, habits and even media exposure. For instance, the quick changing

scenes/angles and flashing lights associated with some advertisements, games and media programs as well as repetition and syncopated rhythms of some types of music appear to have a kind of hypnotic effect and may even impair key functions of this lobe. Many food additives and substances are thought to support addictive behavior and hinder this area of the brain as well.

On the other hand, a good night's sleep, especially between the hours of 9:00 pm and 7:00 am, seems to support brain health.

Moreover, listening to the mathematically unique and calming arrangements of classical music is also considered to be beneficial. A diet rich in fruits, vegetables, grains, nuts (especially those with omega oils) and beans has been shown to foster brain health (and health in general).

It is always a good idea to learn more about what we can do to help our children (and ourselves) be in the best position to do good and better reflect our Lord and Savior Jesus Christ.

*Campbell Biology
Weimar Center of Health and Education, Dr. Neil Nedley, Proof Positive, The Lost Art of Thinking, "Increasing Your Ability to Learn, Retain, and Apply Knowledge"
Newstart Lifestyle Club, Dr. David DeRose

Principal's message



At Guam Adventist Academy, we believe that it is important for our students to take on leadership roles that will equip them with valuable skills and experience for the future. For example, GAA alumnus Dr. Michael Cruz is a proven leader and had served as Guam's Lieutenant Governor from

January 2008 to December 2011. Mrs. Bertha Saladier, also a GAA alumna, is the Pathfinder Leader for the Happy Family Company and our GAA club.

I am pleased to announce the class leaders for SY 2016-2017:

12th Grade

President:
Amanda Poppe
Vice President:
Cody Crisostomo
Secretary:
Te'i Sgambelluri
Treasurer:
Audrey Townsend
Senator:
Sam Carrara
Pastor:
April West

11th Grade

President:
Maekiya Acfalle
Vice President & Pastor:
Elijah Mafnas
Secretary & Senator:
Jo Ann Fukuda

10th Grade

President/Senator:
Selencia Saladier
Vice President/Senator:
Ji Hye Choi
Treasurer:
Holiday Duan
Pastor:
Tyler White

9th Grade

President:
Glynnell Robinson
Vice President:
Ryleigh Go
Secretary:
Amaris Liu
Treasurer:
Ramon Leon Guerrero
Senator:
Carlos Leon Guerrero
Pastor:
Noah Aguon
Sgt. at Arms:
Sam Duenas

8th Grade

President:
Hailey Flores
Vice President & Senator:
Elizabeth Cruz
Secretary:
Noah Fernandez

7th Grade

Treasurer:
Darysa Gregory
Pastor:
Isaiah Aguon
President:
Thirsa Ward
Vice President & Senator:
Elliott Retumban
Secretary & Pastor:
Kenji Nozaki
Treasurer:
Tasi Sgambelluri

It is my prayer that these students will ask God to give them the wisdom they need to be effective class leaders.

WOODWORKING WONDERS

BY ROGER KRUM

Wood is fun to work with! The more you work with it, the better you become at making what you need to make. This quarter the woodworking class plans to make a connect-four bead game. (See photo.) The challenge is to only use hand tools (with the exception of the drill). You too can make simple things with just pieces of scrap wood, a few tools, and a lot of patience! Have fun!



NEW TEACHERS!



Hannah Choi – Ms. Choi teaches upper school English. She is a GAA alumna. Ms. Choi likes taking naps and playing the piano.



Mrs. Erika Choi – Mrs. Choi teaches 5th and 6th graders. She is from Florida and is excited to be here. Mrs. Choi enjoys reading, writing, and singing.



Mr. Caleb Choi – Mr. Choi teaches Bible, Korean, and pre-calculus. He is also the school chaplain. His hobby is sports, especially playing tennis. Mr. Choi's favorite Bible verse is Genesis 1:1.

FOR MORE INFO ABOUT OUR TEACHERS VISIT WWW.GAASDA.ORG!

NEW FACES AT GAA



Addie Marie Concepcion – Addie is in kindergarten. Her hobbies are playing with Strawberry Shortcake and drawing animals. No wonder her favorite subject is art. Addie has two sisters and one brother. She enjoys having friends and helping people.



Ruth Jina Choi – Ruth is a kindergartener and just turned five this month. She was born in Michigan. Her favorite subject is writing. She enjoys playing with puzzles and watching "Little Einsteins" and "Super Why," especially with her big sister Naomi.



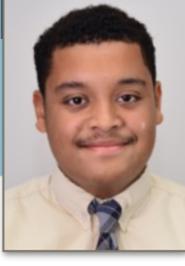
Kenka Taitano – Kenka is in 2nd grade. He enjoys all school subjects, especially P.E. Kenka's hobbies are drawing, swimming, and practicing martial arts. He has an older sister, Aaliyah, who is in 9th grade.



Isabella Kolb – Isabella is a first grader. She was born in Japan and moved to Guam when she was four. She is the youngest in a family with German, Irish, Italian, and Filipino ancestry. Isabella's favorite subjects are math and science. She loves playing with her dogs, doing math, and learning to speak Tagalog.



Lonnie Benitez – Lonnie is in 4th grade and enjoys studying history. His hobbies are running and playing soccer and football. He is the second youngest in a family of six brothers and six sisters.



Naomi Choi – Naomi is in the 5th grade. She was born in South Korea. Her favorite subject is math. Naomi likes reading, drawing, exercising, playing tennis, and spending time with the family. She is the oldest daughter of new teachers Mr. and Mrs. Choi.

Aylah Jewel Ferrara – Aylah is in the 6th grade. Dancing is her forte. In fact, Aylah's dance team competed in two competitions this past summer and took first place overall for both events. Her favorite subject is Spanish.

Aaliyah Taitano – Aaliyah is a high school freshman. Bible is her favorite subject. She likes to read, swim, and play with her dogs. Aaliyah really loves animals and is vegan.

Tyler White – Tyler from Atlanta, GA and is in the 10th grade. He loves to ride motocross and enjoys world history. He has only been on island for a few months and is looking forward to making fun memories on Guam and at GAA.

Lloyd (Jay Jay) Martinez – Jay Jay is a senior who is returning to GAA after being away for three years. In his free time, Lloyd plays sports and reads. His favorite subjects are math and English.

Jordan Key – Jordan is a senior who is excited for graduation. He is from Maryland and likes reading, sleeping, shopping, and surfing the Internet. Jordan's favorite subject is Spanish I.





UPCOMING EVENTS

GIRLS VOLLEYBALL GAME

August 26, 2016
AT SIMON SANCHEZ

10TH-12TH GRADE CAREER EXPLORATION

August 29, 2016

NO SCHOOL: LABOR DAY

September 5, 2016

PROGRESS REPORTS

September 9, 2016

SA OFFICERS ELECTION

September 12, 2016

KINDER PRE-ASSESSMENT

September 19-23, 2016

IOWA NATIONAL TESTING

1ST THROUGH 12TH GRADE

September 19-23, 2016

FAMILY MATH NIGHT

September 24, 2016

CAREER EXPLORATION TESTING

RESULT INTERPRETATION

September 26, 2016

GIRLS VOLLEYBALL SCHEDULE 2016

DATE TIME LOCATION

8/26 5:00 Sanchez

8/30 5:30 Okkodo

9/02 5:00 Southern

9/06 5:30 Notre Dame

9/09 5:00 St. Paul

9/13 5:30 GW

9/16 5:00 Academy

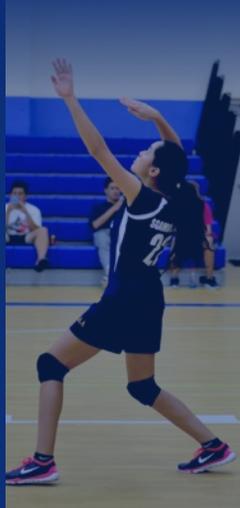
9/20 5:30 Tiyán

9/23 5:00 JFK

9/30 5:00 St. John's

10/4 5:30 Harvest

10/7 5:00 Guam High



GAA Pathfinder Club

Tuesdays 2P.M. to 4P.M. Ages 10-15



Knot tying, Camping, Drill Marching, First Aid, and Outdoor Survival Skills, Health Science and Arts & Crafts Honors are FUN activities and skills you will be involved in by joining the Pathfinder Club. If you are 16 to 18 years of age, you may learn leadership skills and earn community service hours. JOIN NOW! Meetings start September 6.

PIANO LESSONS BEGIN NEXT WEEK

The long wait is over! Piano lessons will start next week so make sure that you have registered your child. If you haven't, come see Ms. Dori at the GAA office!

LET'S GET READY FOR SCHOOL!

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